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FOR ATHLETES

TAHOE TRAIL

LEADVILLE RACE SERIES



JULY 16
ATHLETE GUIDE

LIFE TIME

THE HEALTHY WAY OF LIFE COMPANY



Welcome Tahoe Trail 100 Athletes,

The Leadville Race Series proudly presents the 2016 Tahoe Trail Mountain Bike race. Not only will you love the course, but also this is your chance to qualify for the legendary Leadville Trail 100 MTB!

Straddling the borders of Nevada and California, the Sierra Nevada is a mountain biker's dream. The Tahoe Trail offers athletes a two-loop, 50-kilometer course that is filled with beautiful views of Lake Tahoe, rocky summits and breathtaking pine forests that are found in every direction from the host location of Northstar California. Complete it in less than 8 hours 15 minutes and you will be closer to a possible start in the Leadville Trail 100 on August 13.

Thank you for racing with us and we hope to see you again at one of our many race series events around the country, especially in Leadville!

Best Regards,

Josh Colley
Abby Long
Paul Anderson
Craig Martin
Heidi Colley

The Leadville Race Series

SCHEDULE OF EVENTS

ALL EVENTS TAKE PLACE AT THE NORTHSTAR RESORT

Highway 267 & Northstar Drive
Truckee, CA 96160

FRIDAY JULY 15

In-Person Registration and Packet Pick Up

- Noon – 5pm at the Village

Photo ID is required. Packets must be picked up in person. They will not be given to others.

Drop Bags

- Noon–5pm: Bag Drop collection at the Village Packet Pick up area.

All Tahoe Trail 100 participants can assemble one (1) drop bag that will be taken by race organization to the Drop Bag Area just beyond the mid-point of the race. Drop bags may not be larger than medium sizes duffels or small coolers. The drop bags will be transported to Aid Station #3. Drop bags will be returned to the finish line and will be available after the race, so feel free to pack a change of clothes.

- 1pm: Course pre-ride with Dave Weins (this will be a brief ride that will cover the start/finish as well as any course and tactics questions you might have). The ride will start from the Village (the packet pick up area.)
- 4pm: Mandatory Athlete Meeting (Village at Northstar Beach Area/Package Pick up area): final details, last minute changes, course descriptions and other important information that will be presented by the race staff.

SATURDAY JULY 16

Race Day

- 5:30 – 6:45am: Packet Pickup and In-Person Registration at the Village. Photo ID is required. Packets must be picked up in person. They will not be given to others.
- 7am SHARP: Race Start

Riders will start at the first roundabout off of Northstar Drive and Trimont Lane and will continue up Northstar Drive and into the Village before taking their fat tires to the trails!

Each athlete will self-position themselves at the starting line in Northstar Village based on ability. Space is first come first serve. Please do not leave your bike unattended in the start corral.

Athletes will be able to park in the Village View Parking Lot A. Please see the Detailed Map below.

- 4:00pm (approximately): Awards Ceremony and Post-Race Meal at finish line area.

COURSE CUT-OFFS

- Time Cutoff #1: 9:30am (19.2mi)
- Time Cutoff #2: 12:00 noon (38.5mi)
- Time Cutoff #3: 2:00pm (53mi)
- You must complete the race in 8 hours 15 minutes for a chance to qualify for the LT 100 MTB.

Our desire is to see everyone finish, and we will support you the best we can. However, if we do need to remove someone for missing the cut-off, the decision of the race official is final.

*Racers who are registered for the 100K distance will NOT be allowed to change and compete in the 50K distance once the race has begun. This will be an automatic DQ. If you are registered for the 100K and wish to change to the 50K please see Abby Long at the packet pickup area to switch the day prior to the race. Please know we are unable to provide a refund for the difference in price.

AID STATIONS

There will be three well-supplied aid stations offering:

- GU product
- Water
- Assorted foods include bananas, oranges, watermelon, figs, pretzels, PB&J, etc.

RACE NUMBERS

Race numbers must be visible at all times, tied to the handle bars of your bike. Please do not cut or fold your number. The timing chip is affixed to the number. If you cut or fold your race number you may damage the chip, which means your race times will not be recorded.

GONDOLA PASSES

Athletes and spectators can purchase gondola passes (\$5) at the Season Pass office (located in the Village) either the night before or starting at 7am on Sunday. Athletes can also purchase one a day lift tickets if they want to ride the park for \$35 per day.

ATHLETE AND SPECTATOR PARKING

Parking is free and all athletes can park in Village View Lot A and above. Volunteers can park in Village View Lot B and above.



QUALIFIER EXPLANATION

Each Leadville Qualifying Series race provides 25-150 qualifying slots to the Leadville Trail 100 MTB, based on the total number of registered riders at each qualifier event. Half of the qualifying spots will be allocated based on the top age-group performances and half will be drawn among riders who have finished the qualifier race within the allocated cut-off time.

1. Qualification events will be allocated 25-150 slots, based on the number of registered riders.
2. 50% of slots will be distributed based on performance in the qualifying event.
 - a. Slots will be distributed to each gender and age group (20-29, 30-39, etc.) based on the percentage of total athletes in those age groups, with a minimum of one slot for every age group.
 - b. The top athletes in each age group will receive the allocated slots.
 - c. In the event a top athlete elects not to accept a slot, the slot will roll down to the next athlete in the results, within the age group.
 - d. In the event slots are not claimed after the roll down in each age group, those slots will be allocated to the Event Lottery, as described below.
 - e. One slot will be allocated for the top single speed rider.
 - f. Slots will be allocated to the top tandem team.
3. 50% of slots will be distributed through the Event Lottery.
 - a. All finishers under the pre-determined maximum finish time, who have indicated their desire to participate in the lottery, will be entered in the lottery.
 - b. Names will be drawn from the eligible lottery athletes and slots will be given out.
 - c. In the event an athlete opts not to accept a slot, the slots will roll down to the next athlete that is drawn, until ALL slots have been distributed.
4. Qualification slots must be claimed in person immediately.
5. Registration for the Leadville Trail 100 must be completed and paid for immediately.
6. For the 2016 Qualifiers, riders may elect to race in the Leadville Trail 100 for 2016 or defer until 2017. Registration will happen onsite for either year and payment will be assessed for 2016 or 2017. Through the registration process, riders will be asked to select the year they prefer to race.
7. Only solo riders will be considered as potential qualifiers. Relays are welcome to race qualifier events where available but will not be considered as a potential qualifier.
8. All registration fees for the LT100 are non-transferrable and non-refundable.



LT100 MTB CORRAL/START POSITION

As one of the most well-known mountain bike races on earth, getting into the Leadville Trail 100 has always been difficult. A qualifier event could not only gain you entry into the LT100 MTB, but it could also boost your corral starting position in the Race Across the Sky!

Rider starting positions will be organized in color-coded corrals. These positions will be based on a finish time from the 2015 (year prior only) LT100 MTB race, a 2015 or 2016 qualifier event finish time, or if you hold a current USCI Pro Elite XC license. Please enter finish times or license numbers when prompted during the registration process. Corrals will be assigned as follows:

	Gold	Silver	Red	Green	Purple	Orange	Blue	White
2015/16 Austin Rattler 100K	Sub 4:00 hrs	Sub 4:15 hrs	Sub 4:30 hrs	Sub 5:00 hrs	Sub 5:30 hrs	Sub 6:30 hrs	Sub 7:00 hrs	New racers or those who do not have a current qualifier time or prior LT100 finish time.
2015/16 Wilmington Whiteface 100K	Sub 4:15 hrs	Sub 4:45 hrs	Sub 5:00 hrs	Sub 5:30 hrs	Sub 6:00 hrs	Sub 7:00 hrs	Sub 8:00 hrs	
2015 Fire Road 100K	Sub 4:00 hrs	Sub 4:30 hrs	Sub 5:00 hrs	Sub 5:45 hrs	Sub 6:30 hrs	Sub 7:15 hrs	Sub 8:00 hrs	
2015/16 Lutsen 99er	Sub 5:30 hrs	Sub 5:45 hrs	Sub 6:00 hrs	Sub 6:15 hrs	Sub 7:00 hrs	Sub 7:30 hrs	Sub 9:00 hrs	
2015/16 Silver Rush 50 Mile	Sub 4:00 hrs	Sub 4:30 hrs	Sub 5:00 hrs	Sub 5:45 hrs	Sub 6:30 hrs	Sub 7:15 hrs	Sub 8:00 hrs	
2015/16 Tahoe Trail 100K	Sub 4:15 hrs	Sub 4:45 hrs	Sub 5:15 hrs	Sub 6:00 hrs	Sub 6:45 hrs	Sub 7:35 hrs	Sub 8:15 hrs	
2015/16 Stage Race	Sub 7:00 hrs	Sub 7:30 hrs	Sub 8:00 hrs	Sub 8:30 hrs	Sub 9:30 hrs	Sub 10:00 hrs	Sub 10:30 hrs	
2015 LT100 MTB	Sub 7:45 hrs	Sub 8:15 hrs	Sub 8:30 hrs	Sub 9:00 hrs	Sub 10:00 hrs	Sub 11:00 hrs	Sub 12:00 hrs & VIP/Charity	
2014 Barn Burner	Sub 7:00 hrs	Sub 7:30 hrs	Sub 8:00 hrs	Sub 8:30 hrs	Sub 9:30 hrs	Sub 10:30 hrs	Sub 11:00 hrs	

Some of you are racing in the Tahoe Trail 100 and already have entry into the 2016 LT100 MTB race. If you wish for us to consider your finish time for corraling in Leadville, please email Abby at along@lifetimefitness.com by July 27th. Include your name, finish time at the Tahoe Trail 100 and a nice note!

IMPORTANT INFO AND RULES

- You **MUST HAVE** your ID to pick up your packet. You **CANNOT** pick up a packet for your friends.
- You **MUST HAVE** your number plate on your bike through the race.
- Riders will start at 7am at the first roundabout off of Northstar Drive and Trimont Lane and will continue up Northstar Drive and into the Village before taking their fat tires to the trails.
- To qualify and be eligible for the lottery, racers must complete the Tahoe Trail in **LESS THAN 8 Hours 15 Minutes**.
- Awards start at approximately 4:00pm.
- Awards are three-deep per category/division.
- Unsportsmanlike conduct is grounds for disqualification.
- Abandonment: no garbage, clothing, etc., shall be thrown on the course or surrounding areas.
- DNFs must be reported to timing, preferably at the start/finish line or nearest aid station.
- No pets on course or at start/finish area.
- Please pick up your trash!
- No earphones.

THANK YOU TO OUR VOLUNTEERS!

Please take time along the way to thank the numerous volunteers. We couldn't put this race on without them!

To volunteer for any of our events, please visit the volunteer page on our website: leadvillerraceseries.com

TRASH AND RECYCLING

There will be trash bins and recycling containers at all full aid stations and at the start/finish line. Please discard of any trash in the appropriate container or within 100 yards of an aid station. We will be recycling all plastic and aluminum during each of our events. Zero Waste is hosting our recycling program. Intentional littering on the course will be grounds for disqualification. The course—on trails both public and private—travels past many historic sites and through areas of exceptional beauty. Help us keep them pristine!

LEAVE NO TRACE PRINCIPALS

PLAN AHEAD AND PREPARE

Know the regulations and special concerns for the area you'll visit.

Prepare for extreme weather, hazards and emergencies.

TRAVEL AND CAMP ON DURABLE SURFACES

Durable surfaces include established trails and campsites, rock, gravel or dry grasses.

Good campsites are found, not made. Altering a site is not necessary.

DISPOSE OF WASTE PROPERLY

Pack it in, pack it out.

Deposit solid human waste in catholes dug six-to-eight inches deep at least 200 feet from water, camp and trails. Cover and disguise the cathole when finished.

LEAVE WHAT YOU FIND

Preserve the past: examine, but do not touch, cultural or historic structures and artifacts.

Leave rocks, plants and other natural objects as you find them.

MINIMIZE CAMPFIRE IMPACTS

Campfires can cause lasting impacts to the backcountry. Use a lightweight stove for cooking and enjoy a candle lantern for light.

Where fires are permitted, use established fire rings, fire pans or mound fires.

RESPECT WILDLIFE

Observe wildlife from a distance. Do not follow or approach them.

Never feed animals. Feeding wildlife damages their health, alters natural behaviors and exposes them to predators and other dangers.

BE CONSIDERATE OF OTHER VISITORS

Respect other visitors and protect the quality of their experience.

Be courteous. Yield to other users on the trail.



AT YOUR SERVICE... THE LEADVILLE RACE SERIES STAFF

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You'll also be seeing the familiar faces of Leadville Trail 100 Founder Ken Chlouber and former LT100 Race Director Merilee Maupin at the events this year!

2016 LEADVILLE RACE SERIES EVENT SCHEDULE

Visit leadvillerraceseries.com for more information

Austin Rattler April 9-10

Wilmington Whiteface June 5

Leadville Trail Marathon & Heavy Half June 18

Leadville Run Training Camp June 24-27

Leadville MTB Camp of Champions June 29-July 2 or July 3-6

Silver Rush 50 MTB July 9

Silver Rush 50 Run July 10

Tahoe Trail July 16

Leadville Trail 100 MTB August 13

Leadville 10K Run August 14

Leadville Trail 100 Run August 20-21

Barn Burner September 10

RACE SPONSORS

We thank the following sponsors for making the Tahoe Trail 100 possible. Whether local or national, we ask our participants and fans to look to these sponsors first for the services or products they provide. We truly could not host these amazing events without all of you. Our most sincere thanks to you all.

